**Code Of Conduct - Gymnasts**

As a member of Spirit Gymnastics Academy you are expected to abide by the following rules:

* All members must participate within the rules and respect coaches, judges and their decisions.
* All members must respect opponents and fellow members.
* Members should keep to agreed timings for training and competitions or inform the coach if they are going to be late.
* Members must wear suitable attire for training and events as agreed with the coach. All long hair must be in a bun and all jewellery removed for every session.
* Members should treat all equipment with respect.
* Members must inform the coach of any injuries or illness they may have before warm-up begins.
* Members should not eat or chew gum during a session.
* Members must not use bad language.
* Members should remain with the coaches at the end of a session until collected by their parent or carer.
* Members must turn up to each session with a positive attitude and not distract others.

**Code Of Conduct - Parents & Guardians**

* Support your child’s involvement and help them to enjoy their sport.
* Always ensure your child is dressed appropriately for the activity and has plenty to drink.
* Encourage your child to learn the rules and participate within them.
* Never force your child to take part in sport.
* Never punish or belittle a child for poor performance or making mistakes.
* Help your child to recognise good performance, not just results.
* Keep the Academy informed if your child is ill or unable to attend sessions.
* Discourage challenging/arguing with officials.
* Publicly accept officials’ judgements.
* Respect the opinions and decisions of your child’s coaches.
* Set a good example by recognising good sportsmanship and applauding the good performances of all.
* Endeavour to establish good communication with the Academy, coaches and officials for the benefit of all.
* Share any concerns or complaints about any aspect of the Academy through the approved channels and avoid bringing the Academy into disrepute through your words or actions.
* Use correct and proper language at all times.
* Collect your child promptly at the end of a session.