



Create a vision board of who you want to be as a person, family member, friend and gymnast!

Take pictures and send them in to al@spiritacro.com to be featured on the website. Prizes will be given out for the best vision boards when we return to gym!

You will need:

- Paper/cardboard
- Pens/pencils
- Magazines
- Stickers
- Glue
- Tape
- Scissors
- Pictures

Things you might include:

- Family and friends
- Qualities/skills you admire
- Favourite things to do
- Inspiring quotes
- “Who will I be when I return to gym”
- Goals for gym when we come back